

**CAREGIVER  
CONNECTION  
CARD**

Young Audiences of Louisiana   
**BABY ARTSPLAY!™**  
Presented by The Helis Foundation

**Get Your Motor Running**

Motor Skills

Children’s motor circuits function a bit like a car and require tuning to work at optimum speed. Practicing motor skills is not only a great way to burn off energy, but it is necessary to increase coordination. Fine motor skills help children with smaller movements like drawing or using a spoon, while gross motor skills promote larger movements like jumping and climbing.

**Tips to Connect**

Provide opportunities to move!  
Let your child practice squeezing, grasping or turning the pages at story-time.



**MAIN PROP**

Kitchen Mittens

**ALTERNATIVE PROP**

Use your hands to mimic the movements in the song.

**Open Shut Them**

Open shut them  
Open shut them  
Give a little clap, clap, clap  
Open shut them  
Open shut them  
Lay them on your lap, lap, lap

Creep them creep them  
Creep them creep them  
Right up to your chin, chin, chin  
Open wide your little mouth  
But do not let them in

Shake them shake them  
Shake them shake them  
Shake them Just like this, this, this  
Roll them roll them  
Roll them roll them  
Roll And blow a little kiss. Muah!

[www.ya4la.org](http://www.ya4la.org)