

**CAREGIVER
CONNECTION
CARD**

Young Audiences of Louisiana 
BABY ARTSPLAY!™
Presented by The Helis Foundation

Let's Move!

Movement

A baby's first steps are just the beginning. Sometimes that beginning is a bit bumpy, but every clumsy step counts. Practice will help strengthen muscles, as well as improve balance and coordination. By the age of two, they should be moving smoothly. The ongoing maturation of their brains, along with the opportunity to exercise and practice will do the job.

Tips to Connect

Babies love to learn from their mistakes! Provide a safe space for your child to practice new skills and don't be afraid to let him/her move!



MAIN PROP

Shaker Egg

ALTERNATIVE PROP

Dry beans in an empty bottle make a great noisemaker.

Shake and Stop

We're gonna shake and shake and
shake and stop

We're gonna shake and shake and
shake and stop

We're gonna shake and shake and
shake and stop

Then we'll shake some more

*Repeat verses using: walk, march, twist,
reach, wiggle and clap*