

CAREGIVER CONNECTION CARD

Young Audiences of Louisiana 
BABY ARTSPRAY!TM
 Presented by The Helis Foundation

My Body

Learning Body Parts

Although they cannot say very much, young children are constantly taking in the world around them. Now is a great time to start teaching them to recognize and identify body parts. In fact, learning body parts is an early childhood milestone. Body awareness is a foundational step in learning to move through and interact with the world around them.

Tips to Connect

Dressing your child is a daily opportunity to teach him/her the names of body parts.



MAIN PROP

Bath Sponge

ALTERNATIVE PROP

Poster paper and a crayon. Trace your child from head to toe and help them color it in. Point out the body parts as you go!

The Bath Song

Can you wash your hair?
Shrug your shoulders and make an inquisitive look.

I can wash my hair.
Pretend to wash hair.

Repeat with feet, face and knees.

I can wash my hair.
 I can wash my feet.
 I can wash my face.
 I can wash my knees.
 This is the way we take a bath.

Repeat with shoulder, toes, head and nose.