



Tiny Household Helpers

Multiple Development Areas

Brain maturation is derived from movement and play. Allowing children to play is a natural way to build a bank of experiences they can use to connect to abstract concepts. A great way to incorporate your child's developing skills is to take advantage of her desire to help out around the house. Children as young as 18 months of age can help with household activities. Most of these activities will allow practice of motor skills, bilateral integration, and directional and body awareness. Caregivers get to watch their child's confidence grow as she find purpose in being the household helper.

Tips to Connect

Allow your child to shadow your chores and make small contributions. You can also give her small daily responsibilities, like feeding the dog each morning.







MAIN PROP

Stack & pour buckets

ALTERNATIVE PROP

Toys and an easy-to-reach toy bin: Designate a home for all toys and assign your toddler the responsibility of putting away toys after each use, or at the end of the day.

Who Fed the Dog

An adaptation of "Who Fed the Chickens" by Ella Jenkins

Who fed the dog/cat/bird? Response: I did

Who made us dinner? Response: I did

Who washed the dishes? Response: I did

On this fine day

Repeat with alternate activities or different pronouns: For example: she did/he did/we did/they did

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